



# Taekwondo

## 跆拳道

Technical Handbook  
技术手册





**Taekwondo**  
**Technical Handbook**  
**跆拳道技术手册**

（修订版）

6<sup>th</sup> East Asian Games,  
Tianjin 2013  
第六届东亚运动会，天津2013



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# I. General Schedule



SN	Sport		Oct 5 Sat	Oct 6 Sun	Oct 7 Mon
			-1 day	Day 1	Day 2
	Opening Ceremony			●	
1	Aquatics	Swimming			
		Diving			◎
2	Athletics				◎
3	Badminton				
4	Baseball			◎	◎
5	Basketball	Men			
		Women			
6	Bowling				◎
7	Cycling	Track			
		Road			
8	DanceSport				◎
9	Dragon Boat				
10	Fencing				◎
11	Football	Men		◎	
		Women			◎
12	Gymnastics				
13	Hockey	Men			◎
		Women		◎	
14	Judo				
15	Karate				
16	Shooting				◎
17	Soft Tennis				
18	Squash		◎	◎	◎
19	Table Tennis				◎
20	Taekwondo				◎
21	Tennis		◎	◎	◎
22	Volleyball	Men		◎	◎
		Women		◎	◎
23	Weightlifting				◎
24	Wushu	Taolu			◎
		Sanda			◎
	Closing Ceremony				

Key: ● Opening/Closing Ceremony ◎ ◎ Competition Day

Oct 8 Tue	Oct 9 Wed	Oct 10 Thu	Oct 11 Fri	Oct 12 Sat	Oct 13 Sun	Oct 14 Mon	Oct 15 Tue
Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
		○	○	○	○	○	
○	○						
○	○						
○	○	○	○	○	○		
○	○	○	○	○	○	○	
	○	○	○	○	○	○	
	○	○	○		○	○	
○	○	○	○	○	○	○	○
						○	○
					○		
○							
					○		○
○	○	○	○	○			
○		○		○		○	
	○		○				
	○		○		○		
○		○		○			
						○	○
					○	○	
○	○	○					
		○	○	○	○	○	
○	○	○					
○	○	○	○	○			
○	○						
○	○	○	○	○	○	○	
○	○	○	○	○	○		
○	○	○	○	○	○		
○							
○	○						
○	○						
							●

## II. Organizations



### 1. East Asian Games Association (EAGA)

Address: Room 311, 9 Ti Yu Guan Rd., Beijing, China

(Post Code: 100763)

Telephone: (86)10-87182327 (86)10-67128446

Facsimile: (86)10-67128449

President: LIU Peng (China)

Honorary President: HUO Zhenting (Hong Kong, China)

Vice Presidents: YU Zaiqing (China)

XU Jinkui (Hong Kong, China)

Secretary General: SONG Luzeng (China)

### 2. The 6<sup>th</sup> East Asian Games Organizing Committee (EAGOC)

Address: 90 Wei Jin Nan Rd., Nankai Dist., Tianjin,

China (Post Code: 300381)

Telephone: ( 86 ) 22-23934338

Facsimile: ( 86 ) 22-23934318

E-mail: tianjin2013eag@vip.sohu.com

Website: www.tianjin2013.cn

President: HUANG Xingguo (China)

Vice Presidents: YU Zaiqing (China) DUAN Shijie (China)

YANG Shu'an (China) ZHU Liping (China)

CAO Xiaohong (China)

Secretary General: WANG Jinsheng (China)



### 3. Sports Federations

#### 3.1 Asian Taekwondo Union (ATU)

President:	Lee Dai Soon (Korea)
Secretary General:	Lee Kyu Seok (Korea)
Address:	1E-3, Tancheon Main Stadium, 486 Yatap-dong, Bundang-gu, Seongnam-si, Gyeonggi-do, Korea, 463-839
Telephone:	82 31 708 9994
Facsimile:	82 31 709 9994
E-mail:	atuinto@paran.com
Website:	www.asiantaekwondounion.org

#### 3.2 Chinese Taekwondo Association (CTA)

President:	CUI Dalin
Deputy Secretary General:	DONG jun
Address:	A 2-3 Ti Yu Guan Rd., Dongcheng Dist., Beijing, China
Telephone:	(86)10 87182942
Facsimile:	(86)10 87182944
E-mail:	chinaataekwondo@sina.com
Website:	www.taekwondo.org.cn

### 4. Technical Delegate

Technical Delegate: Sung Chon Hong, Executive Council Member  
WTF (Philippines)

Appointed by Asian Taekwondo Union(ATU)

# III. Competition Information

## 1. Dates and Venues

The 6<sup>th</sup> East Asian Games Taekwondo competition will be held at Dongjuzi Gymnasium, Tianjin from October 7<sup>th</sup> to 9<sup>th</sup>, 2013.

## 2. Venues

### 2.1 Competition Venue

Dongjuzi Gymnasium, Tianjin

### 2.2 Training Venue

Dongjuzi Gymnasium, Tianjin

## 3. Events

The Taekwondo competition will consist of the following thirteen (13) individual events:

Men	Women
-54kg	-46kg
54—58kg	46—49kg
58—63 kg	49—53kg
63—68 kg	53—57kg
68—74 kg	57—62kg
80—87 kg	62—67kg
	+73kg

## 4. Competition Schedule

Date	Time	Event	
Oct. 7 (Mon.)	9:30	Over 46kg and not exceeding 49kg (Women) Over 57kg and not exceeding 62kg (Women) Not exceeding 54kg (Men) Over 58kg and not exceeding 63kg (Men)	Preliminary and Semi-final
	14:00	Over 46kg and not exceeding 49kg (Women) Over 57kg and not exceeding 62kg (Women) Not exceeding 54kg (Men) Over 58kg and not exceeding 63kg (Men)	Semi-final and Final
Oct 8 (Tue)	9:30	Not exceeding 46kg (Women) Over 53kg and not exceeding 57kg (Women) Over 54kg and not exceeding 58kg (Men) Over 68kg and not exceeding 74kg (Men) Over 80kg and not exceeding 87kg (Men)	Preliminary and Semi-final
	14:00	Not exceeding 46kg (Women) Over 53kg and not exceeding 57kg (Women) Over 54kg and not exceeding 58kg (Men) Over 68kg and not exceeding 74kg (Men) Over 80kg and not exceeding 87kg (Men)	Semi-final and Final

Oct. 9 (Wed.)	9:30	Over 49kg and not exceeding 53kg (Women) Over 62kg and not exceeding 67kg (Women) Over 73kg (Women) Over 63kg and not exceeding 68kg (Men)	Preliminary and Semi-final
	14:00	Over 49kg and not exceeding 53kg (Women) Over 62kg and not exceeding 67kg (Women) Over 73kg (Women) Over 63kg and not exceeding 68kg (Men)	Semi-final and Final

## 5. Eligibility

### 5.1

The NOCs of participating countries and regions are the only representatives for their athletes taking part in the 6<sup>th</sup> East Asian Games Taekwondo competition.

### 5.2

Only competitors who comply with the East Asian Games Association (EAGA) Constitution and Olympic Council of Asia (OCA) Constitution & Rules are entitled to participate.

## 6. Entries

Entry procedures will be conducted in accordance with the relevant provisions of the Olympic Council of Asia (OCA) Constitution & Rules.

### 6.1 Entry by Number

Deadline: 24:00 , April 30, 2013 (Beijing local time)

### 6.2 Entry by Name

Deadline: 24:00 , August 31, 2013 (Beijing local time)

The completed Entry by Name Forms with all necessary information including the athlete's full name as shown in passport must be submitted for each athlete. NOCs can only make changes or

submit additional information on Entry by Name Forms on or before the deadline, (i.e. 31<sup>st</sup> August 2013). No any amendments will be permitted after the deadline.

### 6.3 Number of Participants

Each NOC participating in the Taekwondo competition may enter a maximum of eight (8) men and eight (8) women with one (1) athlete for each weight category).

## 7. General Rules and Regulations

The 6<sup>th</sup> East Asian Games Taekwondo competition will be conducted in accordance with the knock-out (single elimination) system.

### 7.1 Competition Rules

The 6<sup>th</sup> East Asian Games Taekwondo competition will be conducted in accordance with the latest World Taekwondo Federation (WTF) Rules.

In case of disagreement in interpretation of the Rules, the English text shall prevail. Any unforeseen incident not covered by the Rules shall be resolved as follows:

- **General issues:**

Resolved in accordance with the EAGA Constitution.

- **Technical issues:**

Resolved in accordance with the spirit of the latest WTF Rules.

The duration of the contest shall be three (3) rounds of two (2) minutes with one (1) minute of rest between rounds in both of the men's and women's divisions.

Sudden Death and Decision of Superiority shall be adopted in the event the winner cannot be decided after 3 rounds. In case a contest advances to a 4<sup>th</sup> round, all scores and penalties awarded during the first three (3) rounds shall be void, and the decision shall be made only by the result of the 4<sup>th</sup> round. The first contestant to score a point in the extra round shall be declared the winner. In the event that neither contestant has scored a point after the competition of the 4<sup>th</sup> round, the winner shall be decided by superiority as determined by the officiating referees. The final decision shall be made based on the

criterion of superiority for the 4<sup>th</sup> round only. In case the decision made by the officiating referees (1 Referee and 3 corner judges) is tie with 2:2, the Chief Referee can be break.

### 7.2 Video Review

A coach who disagrees with the decision of the Referees on either score or penalty may request video review within 5 seconds after the decision was given by the Referee or the point appears on the score board.

A contestant is allowed one video review appeal per match. If the video review result is accepted which means the coach's protest is correct and the appeal card will be given back to the coach. If the review appeal is rejected, which means the coach's protest is invalid, the appeal card will be confiscated and no further appeal will be allowed for the current match. Each contestant however is entitled to a maximum of two video review appeals for the competition.

No appeal from a team or an athlete will be considered after the match.

### 7.3 Draw

ATU officials will conduct the drawing of lots at the team manager's Meeting to be held two days before the competition on October 5, 2013. An ATU appointed technical delegate will supervise the draw. The team managers, coaches or team officials of all participating teams should be present at the meeting and the draw. Should the team manager, coach or team officials of any participating team be absent, the ATU assigned officials shall draw on their behalf.

### 7.4 Weigh-in

Weigh-in will be take place between 1500 and 1600 hours at the designated venue one day prior to the competition day.

During weigh-in, male athletes shall wear underpants and female athletes shall wear underpants and brassiere. However, weigh-in may be conducted in nude in the case where an individual athlete wishes to do so.

Weigh-in will generally be made once only, however, one more weigh-in will be permitted within the time limit for those ath-

letes who did not qualify at the first time.

### 7.5 Uniforms

Each athlete must wear a WTF approved Taekwondo uniform.

Each athlete must wear a WTF approved Taekwondo head protector, trunk protector, groin guard, forearm and shin guards and mouthpiece prior to entering the competition area. The groin, forearm and shin guards must be worn inside the Taekwondo uniform. Wearing of any other items on the head other than a head protector will not be permitted. Prior to entering the competition area, but after suiting up, each athlete must submit to a body check at a designated inspection area. Wearing of any equipment that could cause harm to other athletes is forbidden.

## 8. Medical Control

### 8.1 Doping Control

Doping control for all events of the 6th East Asian Games will be conducted according to EAGA Medical Committee instructions and will follow the procedures specified by the World Anti-Doping Agency (WADA).

### 8.2 Points for Attention

When an athlete is notified to be tested against the Doping Control after the match, he /she must go to the Doping Control Station (DCS) with a registered ID Card. The athlete may not go out of the sight of the escort or urinate before arriving at the DCS. The athlete may have a team member present throughout the entire process (a minor must have one). Those who are notified, but fail or refuse to arrive at the designated DCS may constitute an anti-doping rule violation.

## 9. Equipment

The WTF approved sport equipment and PSS equipment will be used.

# IV. Competition Management



## 1. Management

The responsibility for the management of the competition will be assumed by the competition officials appointed by EAGOC from the Chinese Taekwondo Association (CTA) under the guidance of the Technical Delegate appointed by ATU.

### 1.1 Technical Officials

The National Technical Officials (NTOs) of the 6<sup>th</sup> East Asian Games Taekwondo competition will be appointed by EAGOC in consultation with CTA. The International Technical Officials (ITOs) will be appointed by ATU.

### 1.2 Appeals

In accordance with the ATU Constitution and the Rules and Regulations of the Games, no appeals in any form, either from a team or athlete, will be accepted after the match.

## 2. Victory Ceremony

### 2.1 Victory Ceremony

The Victory Ceremony will be held after the finals. All award-ees must wear their NOC's official clothing.

### 2.2 Order of Awards

The medals will be called out and conferred in following order: 3<sup>rd</sup>, 2<sup>nd</sup>, 1<sup>st</sup>.

First Place: Gold Medal and diploma shall be presented to the winner in each event.

Second Placed: Silver Medal and diploma shall be presented to the first runner-up in each event.

Third Place: Bronze Medal and diploma shall be presented to the two (2) second runners-up in each event.



# V . Approval of Technical Handbook

The Technical Handbook for the 6<sup>th</sup> East Asian Games Taekwondo Competition was approved by the Council of the East Asian Games Association on October 15<sup>th</sup>, 2012.

# VI. Introduction to Tianjin



## 1. Overview

Tianjin is one of the four municipalities directly under the jurisdiction of the Chinese Central Government, with a current permanent population of 13.55 million, consisting of 16 districts and counties, and occupying a land area of 11,916.9 square kilometers, and with a coastline of 153 kilometers.

Eight hours ahead of GMT, Tianjin lies in the center of the Bohai Bay on the western coast of the Pacific Ocean, between Latitude 38°34' —40°15' North and between Longitude 116°43' —118°04' East. It is situated in the northeast of the North Plain in China, about 120 kilometers away from the country's capital city of Beijing.

A major access to the sea in north China, Tianjin has throughout history been an important channel of river and sea transport. As early as in the mid-19<sup>th</sup> century, it was opened as a trading port, and constant development over the years has made it an important international port and a hub of finance and commerce. The city is conveniently accessible, with well-built facilities for traffic on land, at sea and in the air. Behind, it has a vast hinterland of over two million square kilometers. Externally, it keeps trade contacts with more than 400 harbors of over 180 countries and regions, with a cargo handling capacity exceeding 450 million tons, which ranks the city at the fourth place in the world, and a standard container handling capacity of 11.58 million, standing at the 11<sup>th</sup> place in the world. Tianjin Binhai International Airport is the largest air transport hub in north China and a major freight distributing center in northeast Asia.

First built over 600 years ago, Tianjin is renowned for its splendid history and culture, boasting more than 100 “firsts” in the history of modern China. In recognition of its rich legacy of historical and cultural relics and remains, the city is reputed as “an epitome of modern China in the past hundred years”. Tianjin is also acclaimed as “an expo of western-style architectures”, with a total of 710 of its exotic buildings identified to be put under protection and preservation. Yang Liu Qing New Year Pictures, Zhang’s Painted Clay Figurines and Wei’s Kites are some of its folk arts known all over the country. A cradle of talented cross-talkers and opera performers, it is called “a center of Peking Opera” and “the land of northern Chinese folk arts”. It is also the birthplace of the modern drama in China.

Tianjin is among the first cities recognized as the country’s most outstanding tourist destinations. Natural tourism resources abound, including mountains, rivers, lakes, sea, springs, wetland, and so on. Representative natural landscapes and places of historical and cultural interests include the scenic spot in Jixian County, the sea-front, the Drum Tower commercial and business street, the Western-style buildings along Wu Da Dao, the Italian-style street, the ancient culture street, the food street, the Tong Luo Wan tourist area in the heart of the city, to name just a few.

Tianjin is an economic center undergoing booming development. As far as the past five years are concerned, the city witnessed a growth of over 16% in gross output value year-on-year to exceed 1 trillion yuan, which translated into a per capita value of 13,000 US dollars. The Binhai New Area, where the national strategic opening-up and development program is being fully implemented, is fast growing to be a new power in driving the regional economy. Construction of a more livable and eco-friendly city is proceeding fast, with its unique style taking shape, characterized by a grandeur and glamour in its integration of Chinese and Western elements, and a blend of both ancient and modern. In conformity with its positioning by the central authorities, Tianjin is well on the way to becoming an international port city, an economic center in north China and an eco-friendly community.

## 2. Useful Information

- Language

Putonghua (Mandarin Chinese)

- Time

Tianjin is eight hours ahead of GMT. It falls within the same time zone as Beijing, using Beijing local time.

- Voltage

The standard voltage for residential use is a single-phase AC of 220V/ 50Hz.

- Diet

Since ancient times Tianjin has been a renowned producer of fish, shrimp, crabs, clams and other aquatic and marine products. All these, especially seafood, are to the liking of its people. Among its varied traditional flavors, the Goubuli Steamed Bun with Meat Stuffing, the 18th Street Fried Dough Twists and the Er Duo Yan Er Fried Cakes are reputed as “three unique delicacies of Tianjin” enjoying tremendous popularity throughout the world. Historically an important trading port witnessing ceaseless traveling to and fro between the north and south and frequent exchanges with the outside world, varied styles of cooking –Shandong, Shanxi, Henan, Fujian, Guangdong, Zhejiang, and so on – have come to take root here in Tianjin. Court-style dishes and western delicacies are also among the favorites of the local diners.

- Useful Numbers

Telephone Enquiries: 114

Health Emergencies / Ambulance: 120

Fire: 119

Police and Traffic Accidents:110

- **Banks and Foreign Currency Exchange**

The yuan, also called renminbi (RMB), is the local unit of currency and all banks in Tianjin provide RMB services. Foreign currency can be exchanged at any branch of Bank of China. The rate of exchange of foreign currencies to RMB will depend on the quoted exchange rate given that day. Please note that foreign currency cannot be used to pay for any goods or services in China. Most business in China now accepts international credit cards including MasterCard, Visa, American Express and JCB.

# VII. Weather Information



## 1. Climate

Located to the east coast of the Euro-Asia Continent on the middle latitude, Tianjin belongs to the monsoon region of east Asia is chiefly under the influence of the continental climate. It is characterized by distinct seasons – spring is usually windy and dry with only occasional rainfalls; summer is hot, with most of the rainfalls in the year; autumn is cool with comfortable temperatures; and winter is cold and dry without much snow.

**Table 1**  
**Statistics of the Climate Data in October in the Urban Area of**  
**Tianjin (1981-2010).**

Climate Elements	Means
Mean Temperature (°C)	14.7
Minimum Temperature (°C)	10.5
Maximum Temperature (°C)	20.0
Lowest Temperature Recorded (°C)	-0.1
Highest Temperature Recorded (°C)	31.1
Wind Velocity (m/s)	1.6
Maximum Wind Velocity (m/s)	7.2
Extreme Wind Velocity Recorded (m/s)	14.0
Relative Humidity (%)	60.4
Minimum Relative Humidity (%)	15.1
Monthly Rainfall (mm)	28.2
Monthly Days with Rainfall (d)	4.8
Daily Maximum Rainfall (mm)	114.4
Average Daily Sunshine Duration (h/d)	6.1
Average Daily Sunshine Rate (%)	55
Average Days with Thunderstorms in a month (d)	0.9
Average Monthly Days with light Mist (d)	15.4
Average Monthly Days with Fog (d)	1.7
Average Days with Gust (d)	0.4
Average Days with Frost (d)	1.1

**Table 2**  
**Daily Climate Data Statistics in the Urban Areas of Tianjin in October**  
**(2002-2011)**

Date	Mean Temperature (°C)	Maximum Temperature (°C)	Minimum Temperature (°C)	Mean Air Pressure (hPa)	Relative Humidity (%)	Wind Velocity (m/s)	Maximum Wind Speed (m/s)
10-1	18.7	22.9	15.4	1017.8	60.0	1.7	2.9
10-2	18.7	24.0	14.3	1018.4	49.8	1.4	3.4
10-3	18.4	23.4	14.3	1018.9	48.4	1.4	3.2
10-4	18.4	23.6	13.8	1018.7	55.2	1.2	2.8
10-5	18.1	24.1	13.8	1016.5	60.7	1.6	3.4
10-6	18.0	22.5	13.8	1016.8	58.6	1.5	3.2
10-7	17.7	22.3	14.1	1017.9	54.5	1.6	3.5
10-8	17.4	22.3	13.8	1018.2	56.7	1.2	3.0
10-9	17.6	22.6	13.6	1018.3	63.3	0.9	2.4
10-10	17.3	21.2	14.2	1019.4	64.9	1.4	3.4
10-11	15.9	20.6	11.7	1020.8	61.9	1.5	3.2
10-12	16.2	21.2	12.2	1020.5	58.6	1.3	3.5
10-13	16.2	20.5	12.8	1019.5	55.4	1.4	3.3
10-14	16.3	21.3	12.1	1018.9	46.2	1.5	3.7
10-15	16.2	22.1	11.0	1017.8	49.6	1.5	3.0

## 2. Tips

Tianjin is in the transition from summer to autumn in October during which you will enjoy comfortable temperatures. Light cotton clothing is recommended, while sweaters and jackets are sometimes necessary for cooler mornings and evenings.



# VIII. Competition Venues Map



2013  
6TH EAST ASIAN GAMES

## 第六届东亚运动会 场馆分布图

6TH East Asian Games  
Venue maps

- 01 天津市大学生体育馆  
Tianjin College Student Stadium
- 02 天津财经大学体育馆  
Tianjin Normal University Gymnasium
- 03 天津泰达足球场  
Tianjin TEDA Football Field
- 04 天津体育中心体育场  
Tianjin Sports Center Stadium (Range)
- 05 天津体育中心射击馆  
Tianjin Sports Center Shooting Field
- 06 天津体育中心击剑馆  
Tianjin Sports Center Fencing Field
- 07 天津体育中心自行车馆  
Tianjin Sports Center Velodrome
- 08 天津网球中心  
Tianjin Tennis Center
- 09 津南大道  
Jinnan Avenue
- 10 天津国际网球中心  
Tianjin International Tennis Center
- 11 南开大学体育中心  
Nankai University Sports Center of Tianjin University
- 12 天津国际击剑馆  
Tianjin International Fencing Hall
- 13 奥体子体育馆  
Olympic Gymnasium
- 14 天津奥林匹克中心体育馆  
Tianjin Olympic Center Stadium
- 15 天津市人民体育馆  
Tianjin People's Gymnasium
- 16 天津体育馆  
Tianjin Gymnasium
- 17 天津外国语学院体育馆  
Tianjin Foreign Studies University Gymnasium
- 18 天津水上公园冰壶  
Tianjin Water Park Ice Curling
- 19 中国民航大学体育馆  
Civil Aviation University of China Gymnasium
- 20 天津河东区体育馆  
Tianjin He Dong District Sports Center
- 21 天津滨海新区体育馆  
Tianjin Binhai New Area District Gymnasium

# I. 第六届东亚运动会竞赛总日程表

序号	项目		5/10 (六)	6/10 (日)	7/10 (一)
			-1天	第1天	第2天
	开幕式			●	
1	游泳	游泳			
		跳水			◎
2	田径				◎
3	羽毛球				
4	棒球			◎	◎
5	篮球	男篮			
		女篮			
6	保龄球				◎
7	自行车	场地			
		公路			
8	体育舞蹈				◎
9	龙舟				
10	击剑				◎
11	足球	男足		◎	
		女足			◎
12	体操				
13	曲棍球	男子			◎
		女子		◎	
14	柔道				
15	空手道				
16	射击				◎
17	软式网球				
18	壁球		◎	◎	◎
19	乒乓球				◎
20	跆拳道				◎
21	网球		◎	◎	◎
22	排球	男排		◎	◎
		女排		◎	◎
23	举重				◎
24	武术	套路			◎
		散打			◎
	闭幕式				

说明：● 为开、闭幕式；◎ ◎为比赛日



8/10 (二)	9/10 (三)	10/10 (四)	11/10 (五)	12/10 (六)	13/10 (日)	14/10 (一)	15/10 (二)
第3天	第4天	第5天	第6天	第7天	第8天	第9天	第10天
		○	○	○	○	○	
○	○						
○	○						
○	○	○	○	○	○		
○	○	○	○	○	○	○	
	○	○	○	○	○	○	
	○	○	○		○	○	
○	○	○	○	○	○	○	○
						○	○
					○		
○							
					○		○
○	○	○	○	○			
○		○		○		○	
	○		○				
			○	○	○	○	
○		○		○			
						○	○
					○	○	
○	○	○					
		○	○	○	○	○	
○	○	○					
○	○	○	○	○			
○	○	○	○	○			
○	○	○	○	○	○	○	
○	○	○	○	○	○		
○	○	○	○	○	○		
○							
○	○						
○	○						
							●

## II. 组织结构



### 1. 东亚运动会联合会 (EAGA)

地 址: 中国北京市体育馆路 9 号 311 室 (邮编: 100763)

电 话: (86)10-87182327 (86)10-67128446

传 真: (86)10-67128449

主 席: 刘 鹏 (中国)

名誉主席: 霍震霆 (中国香港)

副 主 席: 于再清 (中国)

许晋奎 (中国香港)

秘 书 长: 宋鲁增 (中国)

### 2. 第六届东亚运动会组织委员会 (EAGOC)

地 址: 中国天津市南开区卫津南路 90 号 (邮编: 300381)

电 话: (86) 22-23934338

传 真: (86) 22-23934318

邮 箱: tianjin2013eag@vip.sohu.com

网 址: www.tianjin2013.cn

主 席: 黄兴国 (中国)

副 主 席: 于再清 (中国) 段世杰 (中国)

杨树安 (中国) 朱丽萍 (中国)

曹小红 (中国)

秘 书 长: 王津生 (中国)

## 3. 体育联合会

### 3.1 亚洲跆拳道联盟 ( ATU )

主 席: 李大淳 (韩国)

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秘 书 长: 李奎锡 (韩国)

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地 址: 1E-3, Tanchon Main Stadium, 486 Yatap-dong,  
Bundang-gu, Seongnam-si, Gyeonggi-do, Korea, 463-839

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电 话: 82 31 708 9994

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传 真: 82 31 709 9994

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电子邮箱: [atuinfo@paran.com](mailto:atuinfo@paran.com)

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网 址: [www.asiantaekwoundunion.org](http://www.asiantaekwoundunion.org)

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### 3.2 中国跆拳道协会 ( CTA )

主 席: 崔大林

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秘 书 长: 董 军

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地 址: 中国北京市东城区体育馆路甲2-3号

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电 话: (86)10 87182942

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传 真: (86)10 87182944

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电子邮箱: [chinataekwondo@sina.com](mailto:chinataekwondo@sina.com)

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网 址: [www.taekwondo.org.cn](http://www.taekwondo.org.cn)

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## 4. 技术代表

技术代表: [Sung Chon Hong](#) (菲律宾)

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指派单位: 亚洲跆拳道联盟 ( ATU )

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# III. 竞赛信息



## 1. 日期及地点

第六届东亚运动会跆拳道赛事将于2013年10月7日至10月9日在天津东局子体育馆举行。

## 2. 场馆

### 2.1 比赛地点

天津东局子体育馆

### 2.2 练习场地

天津东局子体育馆

## 3. 比赛项目

第六届东亚运动会跆拳道比赛只设个人项目，包含以下13个级别：

男 子	女 子
54公斤级以下	46公斤级以下
54—58公斤级	46—49公斤级
58—63公斤级	49—53公斤级
63—68公斤级	53—57公斤级
68—74公斤级	57—62公斤级
80—87公斤级	62—67公斤级
	73公斤级以上

## 4. 比赛日程表

日期	时间	项目	
10月7日 (星期一)	9:30	女子46—49公斤级 女子57—62公斤级 男子54公斤级以下 男子58—63公斤级	预赛 半决赛
	14:00	女子46—49公斤级 女子57—62公斤级 男子54公斤级以下 男子58—63公斤级	半决赛 决赛
10月8日 (星期二)	9:30	女子46公斤级以下 女子53—57公斤级 男子54—58公斤级 男子68—74公斤级 男子80—87公斤级	预赛 半决赛
	14:00	女子46公斤级以下 女子53—57公斤级 男子54—58公斤级 男子68—74公斤级 男子80—87公斤级	半决赛 决赛
10月9日 (星期三)	9:30	女子49—53公斤级 女子62—67公斤级 女子73公斤级以上 男子63—68公斤级	预赛 半决赛
	14:00	女子49—53公斤级 女子62—67公斤级 女子73公斤级以上 男子63—68公斤级	半决赛 决赛

## 5. 参赛资格

### 5.1

各个国家/地区的奥委会是参加第六届东亚运动会跆拳道赛事运动员的唯一代表。

### 5.2

只有符合东亚运动会联合会（EAGA）章程和亚洲奥林匹克理事会(OCA)宪章的运动员才有参赛权。

## 6. 报名

报名程序将按亚洲奥林匹克理事会（OCA）宪章相关规定执行。

### 6.1 参赛项目人数报名

截止日期是：2013年4月30日24时（北京时间）。

### 6.2 参赛人员姓名报名

截止日期是：2013年8月31日24时（北京时间）。

所有运动员的参赛报名表必须在截至日期前提交，报名表所需信息须填写完整，包括运动员护照上的全名等。各奥委会成员可在报名截止前（包括当日）（例如：2013年8月31日）对最终报名表做出修改或补充，截止报名后将不准做任何的变更。

### 6.3 各奥委会关于各级别报名人数

每个国家/地区奥委会可以派出8名男选手和8名女选手参加跆拳道的比赛，每个重量级别只允许1人参赛。



## 7. 竞赛方法

第六届东亚运动会的跆拳道比赛采用单败淘汰赛。

### 7.1 竞赛规则

第六届东亚运动会的跆拳道比赛将服从世界跆拳道联合会（WTF）的规则，在翻译规则的时候如果遇到争议，以英文版本为准，出现任何规则以外的不可预见性的问题，可采用以下程序：

- 总体性事项：

按东亚运动会联合会（EAGA）章程解决。

- 技术性事项：

按世界跆拳道联合会（WTF）最新公布规则之精神解决。

男子和女子的比赛均分为3个回合，每一个回合为2分钟，回合之间休息1分钟。

如果前三个回合过后仍未决出胜负，则进入加时赛。如果比赛进入第四回合加时赛，所有在前三个回合获得的得分和罚分将被取消，只以第四个回合比赛的结果决定胜负。在加赛回合中首先获得一分的选手获胜。如果双方均未在第四个回合结束后得分，则由现场裁判通过优势判定决定获胜方。比赛最终结果只以第四个回合优势判定标准为依据做出。如果裁判（1名主裁判和3名边线裁判）的决定为2:2，则以主裁判的判定为准。

### 7.2 录像审议

教练员如果对裁判员做出的得分或判罚的裁决表示异议，可以在裁判员做出判罚或该计分出现在比分牌上后5秒钟内申请录像审议。

运动员每场比赛可以有一次录像审议申诉的机会。如果录像审议的结果被接受，即教练员的抗议正确，则申诉牌将交回教练员。如果录像审议的结果被驳回，即教练员的抗议无效，则申诉牌将予以没收，该场比赛不得再次提出申诉。运动员在整场比赛中有权提出最多两次录像审议申诉。

比赛结束后不再接受运动队或运动员提出的任何申诉。

### 7.3 抽签

亚洲跆拳道联盟官员主持2013年10月5日（开赛两天前）领队会议上的抽签仪式。亚洲跆拳道联盟将派出一名技术代表对抽签过程进行监督。各队领队、教练或者随队官员都应出席抽签仪式。如果有领队、教练或者随队官员没能到场，将由亚洲跆拳道联盟指派的官员代表他们所在的国家/地区奥委会进行抽签。

### 7.4 赛前称量体重

赛前称量体重将在开赛前一天的15:00至16:00，在指定的地点进行。

在进行体重称量的过程中运动员穿着内裤，女运动员穿着内裤和文胸，如运动员要求，允许裸体称重。

赛前称量体重将只进行一次，但是，如果称重不合格，在称重结束前有一次补称机会。

### 7.5 着装

所有运动员都要穿着世界跆拳道联合会（WTF）审核认可的跆拳道服装。

所有运动员都要穿着世界跆拳道联合会（WTF）规定佩戴的护具。比如：头盔，护胸，护裆（阴）、护腿、护臂、感应脚套、手套和牙套，提前进入比赛场地；护裆（阴）、护腿、护臂应在道服内，除此之外不允许佩戴不同于上述护具的防护物品。但是在正式开赛前还要进行身体检查，任何可能对对手造成伤害的物品是不允许佩戴的。

## 8. 医务监督

### 8.1 兴奋剂检测

第六届东亚运动会的兴奋剂检查工作，将会根据东亚运动会医务委员会的指示以及遵照世界反兴奋剂机构（WADA）的规定程序而展开工作。

### 8.2 注意事项

运动员在赛后接到兴奋剂检查通知时，必须提供本人注册身份卡，并按要求去兴奋剂检查站报到，在到达兴奋剂检查站之前不得脱离陪护人员的视线，不得排尿。运动员可有一名本队人员陪同（未成年运动员必须有一名陪同）。无故拖延或拒绝兴奋剂检查将构成违反兴奋剂检查规则。

## 9. 器材

比赛将使用世界跆拳道联合会（WTF）认可的比赛器材。

# IV. 竞赛管理



## 1. 管理

竞赛管理的责任由第六届东亚运动会组织委员会（EAGOC）所任命的和隶属于中国跆拳道协会（CTA）的竞赛组织官员，在亚洲跆拳道联盟（ATU）委派的技术代表的指导下承担。

### 1.1 技术组织

第六届东亚运动会跆拳道竞赛NTO的竞赛组织官员由东亚组委会（EAGOC）和中国跆拳道协会（CTA）协商选派。ITO竞赛组织官员由亚洲跆拳道联盟（ATU）选派。

### 1.2 申诉

根据亚洲跆拳道联盟（ATU）章程和竞赛规则，比赛结束后不接受运动队或运动员任何方式的申诉。

## 2. 颁奖

### 2.1 颁奖仪式

颁奖仪式将在决赛后举行，获奖运动员需穿着其所属奥委会制服。

### 2.2 奖项颁发如下

冠军：授予金牌和证书

亚军：授予银牌和证书

季军：授予铜牌和证书

# V. 技术手册认可

第六届东亚运动会跆拳道赛事的技术手册于2012年10月15日获东亚运动会联合会理事会认可。

# VI. 天津市简介

## 1. 天津市概况

天津是中国四大直辖市之一。现有常住人口1355万人，辖16个区县，土地面积11916.9平方公里，海岸线153公里。

天津地处太平洋西岸渤海湾中心地带、中国华北平原的东北部，位于国际时区东八区，北纬 $38^{\circ} 34'$ — $40^{\circ} 15'$ 、东经 $116^{\circ} 43'$ — $118^{\circ} 04'$ 之间。距首都北京约120公里。

天津是中国北方地区重要的出海口。历史上便是河槽、海运重地，19世纪中叶被辟为通商口岸，逐步发展成为重要的国际商埠和金融商贸中心。海陆空交通便捷，天津港对内拥有200多万平方公里的辽阔腹地，对外与180多个国家和地区的400多个港口有贸易往来，货物吞吐量超过4.5亿吨，位居世界第4位，集装箱吞吐量达到1158万标准箱，位居世界第11位。天津滨海国际机场是中国北方最大的货物空运中心和东北亚货运集散地。

天津是中国历史文化名城。筑城建卫已有600多年历史，文化底蕴深厚。曾创造了中国近代历史上的100多项“第一”，近代史迹、文化遗存丰富多彩，有“近代百年中国看天津”之称。现有已认定的历史风貌建筑710幢，被称为“万国建筑博览会”。杨柳青年画、泥人张彩塑、魏记风筝等民间艺术闻名全国。相声、戏剧人才辈出，享有“京剧大码头”、“北方曲艺之乡”的美誉，也是中国话剧艺术的发祥地。

天津是中国首批优秀旅游城市。旅游资源丰富，山、河、湖、海、泉、湿地等旅游资源荟萃。有以自然风光和名胜古迹为特点的蓟县旅游观光区，有海湾特色的滨海旅游区，有鼓楼商贸街、五大道风情街、意式风情街、古文化街、食品街、铜锣湾等市中心旅游区。

天津是正在蓬勃发展的经济中心城市。近5年来，生产总值年均增长16%以上，全市生产总值达到11190.99亿元，人均生产总值达到1.3万美元。滨海新区开发开放的国家发展战略

加快实施，正在成为带动区域经济发展的新的增长极。生态宜居城市建设积极推进，初步形成了大气洋气、清新靓丽、中西合璧、古今交融的城市风格。按照国家明确的城市定位，天津正在努力建设成为国际港口城市、北方经济中心和生态城市。

## 2. 常用信息

### ● 通用语言

普通话。

### ● 时区

东八区，统一使用北京时间。

### ● 电压

普通居民电压标准是单相、交流220V/ 50Hz。

### ● 饮食特点

天津自古盛产鱼、虾、蟹、蚌等，人们喜食海鲜、河鲜。天津传统风味食品丰富多彩，狗不理包子、十八街麻花、耳朵眼炸糕等享誉海内外，被誉为“天津三绝”。由于天津历史上便是南来北往、中西交流的重要商埠，鲁、晋、豫、闽、粤、浙等菜系都在天津扎根发展，宫廷菜肴、西方美食在天津也很受欢迎。

### ● 常用电话

电话查询：114

急救医疗指挥中心：120

火警电话：119

盗警及交通事故报警电话：110

### ● 银行、货币信息

中国的货币单位是人民币（元）。天津所有银行可办理人民币业务，中国银行网点可办理外汇兑换业务。人民币与外币的比价，因为尚未有外币直接流通，故要根据中国银行当天的牌价进行兑换。目前可使用的国外信用卡主要有：万事达卡(Master Card)、维萨卡(Visa Card)、运通卡(American Express Card)、JCB卡。

# VII. 气象资料



## 1. 天津气候概况

天津位于中纬度欧亚大陆东岸，主要受季风环流的影响，是东亚季风盛行的地区，属大陆性气候。主要气候特征是，四季分明，春季多风，干旱少雨；夏季炎热，雨水集中；秋季气爽，冷暖适中；冬季寒冷，干燥少雪。

表1 天津市区10月气候资料统计表（1981~2010年）

气候要素	数值
平均气温 (°C)	14.7
平均最低气温 (°C)	10.5
平均最高气温 (°C)	20.0
极端最低气温 (°C)	-0.1
极端最高气温 (°C)	31.1
平均风速 (m/s)	1.6
平均最大风速 (m/s)	7.2
极端最大风速 (m/s)	14.0
平均相对湿度 (%)	60.4
平均最小相对湿度 (%)	15.1
平均降水量 (mm)	28.2
平均降水日数 (天)	4.8
最大一日降水量 (mm)	114.4
平均日照时数 (小时/天)	6.1
平均日照百分率 (%)	55
平均雷暴日数 (天)	0.9
平均轻雾日数 (天)	15.4
平均雾日数 (天)	1.7
平均大风日数 (天)	0.4
平均霜日数 (天)	1.1



表2 近10年（2002~2011）天津市区10月逐日气候统计

日期	平均气温 ( $^{\circ}\text{C}$ )	平均最高 气温 ( $^{\circ}\text{C}$ )	平均最低 气温 ( $^{\circ}\text{C}$ )	平均 气压 (hPa)	平均相 对湿度 (%)	平均风 速 (m/s)	平均最大 风速 (m/ s)
10-1	18.7	22.9	15.4	1017.8	60.0	1.7	2.9
10-2	18.7	24.0	14.3	1018.4	49.8	1.4	3.4
10-3	18.4	23.4	14.3	1018.9	48.4	1.4	3.2
10-4	18.4	23.6	13.8	1018.7	55.2	1.2	2.8
10-5	18.1	24.1	13.8	1016.5	60.7	1.6	3.4
10-6	18.0	22.5	13.8	1016.8	58.6	1.5	3.2
10-7	17.7	22.3	14.1	1017.9	54.5	1.6	3.5
10-8	17.4	22.3	13.8	1018.2	56.7	1.2	3.0
10-9	17.6	22.6	13.6	1018.3	63.3	0.9	2.4
10-10	17.3	21.2	14.2	1019.4	64.9	1.4	3.4
10-11	15.9	20.6	11.7	1020.8	61.9	1.5	3.2
10-12	16.2	21.2	12.2	1020.5	58.6	1.3	3.5
10-13	16.2	20.5	12.8	1019.5	55.4	1.4	3.3
10-14	16.3	21.3	12.1	1018.9	46.2	1.5	3.7
10-15	16.2	22.1	11.0	1017.8	49.6	1.5	3.0

## 2. 建议服装

10月是天津的夏秋之交，气温冷暖适中，宜穿着棉质单衣，早晚温度稍凉，可增添羊毛衫或背心。

# VIII. 地图



2013  
6TH EAST ASIAN GAMES

## 第六届东亚运动会 场馆分布图

6Th East Asian Games  
Venue maps

- 01 天津体育学院  
Tianjin College of Physical Education
- 02 天津理工大学体育馆  
Tianjin University of Technology Gymnasium
- 03 天津泰达足球场  
Tianjin TEDA Stadium
- 04 天津体育中心体育场  
Tianjin Sports Center Stadium Field
- 05 天津体育中心射击馆  
Tianjin Sports Center Shooting Range
- 06 天津体育中心气枪射击馆  
Tianjin Sports Center Archery Field
- 07 天津体育中心自行车馆  
Tianjin Sports Center Velodrome
- 08 天津排球中心  
Tianjin Tennis Center
- 09 津浦大道  
Tianjin Avenue
- 10 天津国际会议中心  
Tianjin International Convention Center
- 11 南开大学体育中心  
Nankai University Sports Center of Nankai University
- 12 天津理工大学射击馆  
Tianjin University Shooting Range
- 13 天津奥林匹克水上运动中心  
Tianjin Olympic Aquatics Center
- 14 天津奥林匹克射击馆  
Tianjin Olympic Shooting Range
- 15 天津人民体育馆  
Tianjin People's Gymnasium
- 16 天津体育学院  
Tianjin College of Physical Education
- 17 天津外国语大学体育馆  
Tianjin Foreign Studies University Gymnasium
- 18 天津水上公园划艇  
Tianjin Water Park Kayak Lane
- 19 五环体育中心  
Dongqiang Gymnasium
- 20 东部体育馆  
Dongqi Gymnasium
- 21 中国民航大学体育馆  
Civil Aviation University of China Gymnasium
- 22 天津海河教育园区体育馆  
Tianjin Haihe Education Park Gymnasium
- 23 天津在津美国大学体育馆  
Tianjin American University of China Gymnasium



